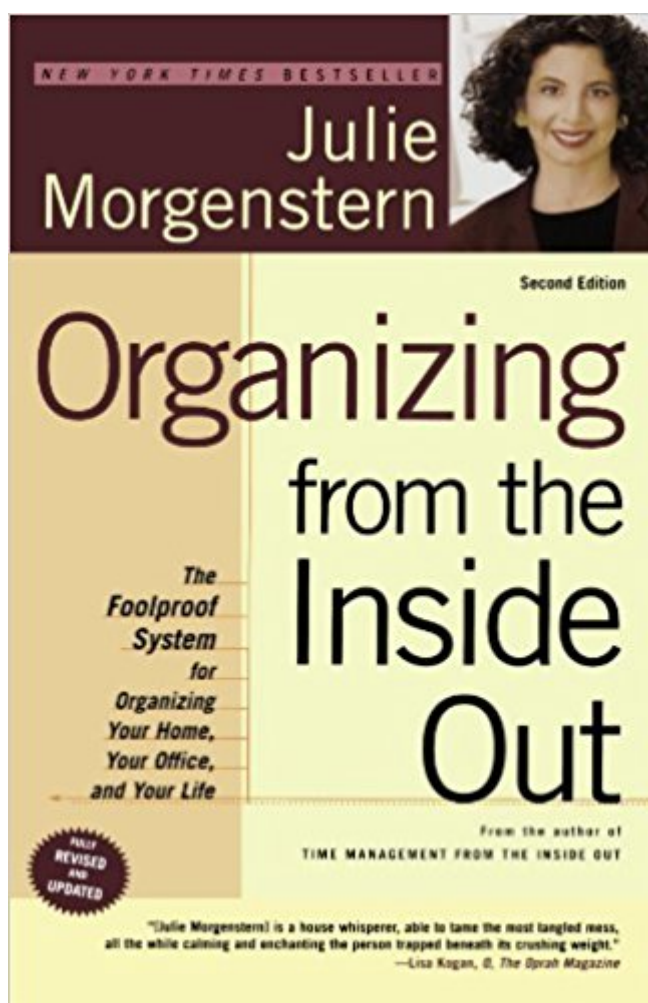


The book was found

Organizing From The Inside Out, Second Edition: The Foolproof System For Organizing Your Home, Your Office And Your Life



Synopsis

The New York Times bestselling guide to putting things in order. Put America's #1 organizer to work for you. Getting organized is a skill that anyone can learn, and there's no better teacher than America's organizing queen, Julie Morgenstern, as hundreds of thousands of readers have learned. Drawing on her years of experience as a professional organizer, Morgenstern outlines a simple organizing plan that starts with understanding your individual goals, natural habits, and psychological needs, so that you can work with your priorities and personality rather than against them. The basic steps-Analyze, Strategize, Attack-can be applied to any space or situation. In this thoroughly revised edition, Morgenstern has incorporated new information in response to feedback from her clients and audiences. These changes include - new chapters on organizing photographs, handbags, briefcases, and travel bags - an expanded program for organizing your kitchen - a new guide to getting started- a guide to taming time and technology - a fully updated resource guide So whether it's a refrigerator cluttered with leftover mystery meals, a generation's worth of family photographs, or the challenge of living or working with a disorganized person, Julie Morgenstern will show you how to handle it all.

Book Information

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Customer Reviews

It's about time! Julie Morgenstern has written an organizing book that covers a new way of looking at the task of organizing effectively without labeling or blaming the person behind the lack of organization. Rather, she says, people who don't organize just never learned how to organize,

through no fault of their own--after all, it's not a skill that's taught in school. That said, she gets down to work helping you figure out an organizing system that will really work for you, not a system based on cookie-cutter filing concepts or special storage units. Morgenstern's "from the inside out" system begins by laying out the possible reasons for a failure of organization: technical errors (like having a complex organizing system that breaks down), external realities (like not enough space for your belongings), and psychological obstacles (like fear of failure--or success). Then, her Analyze and Strategize steps help create a plan of action based on your needs and goals, and the brief chapter called "Attack: Getting the Job Done" offers basic ideas for making space. The largest section of the book, "Applying What You've Learned," addresses the specifics of organizing workspaces, home offices, living spaces, and storage areas. Each section has a "How Long Will It Take?" box that gives a realistic time estimate, and Morgenstern's "Julie's No-Brainer Toss List" for each area gives the permission and encouragement that most of us have been waiting for to get rid of things we'll never use again. The section at the end, "Tackling Time and Technology," is worth its weight in DayTimers and PalmPilots. Whatever your organizing issues are, you're not a hopeless case, and you don't need special equipment--just a little understanding of the problem and a willingness to plan before diving in. --This text refers to an out of print or unavailable edition of this title.

Anyone who has ever felt overwhelmed by clutter and chaos will welcome this clear, easy-to-follow guide to organizing a room, home or officeAa companion to Morgenstern's bestselling paperback (Owl, 1998). Professional organizer Morgenstern warmly reassures listeners that organizing is a skill that can be learned and that any mess can be tamed. Most people make the mistake of simply diving in, which Morgenstern compares to driving cross-country without a map. Her strategy: first figure out your goals and how your space can best help you achieve them; determine what obstacles are holding you back (e.g., a subconscious psychological need to hang on to clutter); divide the space into "zones" of activity (a kitchen contains a cooking zone, a dish-washing zone, etc.); and organize the space so that all the supplies for each activity are stored in the appropriate zone. The tape offers quizzes to help listeners define their obstacles, and, as one would expect, the quizzes are well organized and audio friendly. Even better, listeners can grasp the author's solutions immediatelyAwithout having to refer back and forth to different parts of the tape or use a pencil and paper (problems often encountered with audio self-help books). Morgenstern's sense of humor and colorful examples of real-life client case studies make this tape as entertaining as it is helpful. (Sept.) Copyright 2000 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

I read this book for a class I took. It makes you think about WHY you are disorganized instead of quick fix options of going and getting more containers. If you really follow the steps she suggests, this book will impact your organizational style.

I'm sure this is a fine book, but it is for teens. I do know what to do-when you take something down, out, or off, put it up, in, or on as soon as possible. Don't have multiply projects going at the same time! Take one thing and follow it through from beginning to end. So you see, I do know what to do, it's just a matter of doing these things!! It may sound like an easy task, but believe me, it's not!!

This is one easy to absorb "how to organize" book. The idea that caught on with me was organize your filing cabinet drop folders exactly the way you think about them. Don't just use some general organization scheme. Make it yours and then you'll be able to find documents quickly and painlessly. I gave it 4 stars only because I still had to organize the documents myself (chuckle chuckle).

This book is a trifle superannuated (the chapter on taming technology cracked me up), but there's still a lot of amazingly useful information in it. I first read it way back in 2001 or so, and it helped me get my life together (which it sorely needed). I just re-read, because things have slipped off the rails a bit, and I knew this book would inspire me to get back on track (and it has).

I first borrowed this book from the public library. I liked it so much I bought a copy. this is one of those book were you actually want a hard copy to reference to. I even encouraged my mother to buy one (The person I inherited my disorganization from lol) This is great for people with ADHD/ADD

If you're like me, you've collected quite a few books on clutter, as well as all that clutter than you live with. I've drawn some useful information from all of them, but none have been as useful as Organizing from the Inside Out. Morgenstern's book encourages you to rethink your clutter problem in terms of a program that is tailored to suit the clutterer as an individual, whose desire for organization can be realised through some clear guidelines and inspiring suggestions. Morgenstern's book suggests that clutter problems can be diagnosed and remedied by a careful reappraisal of what it is about you that makes you have a problem with organization.

Morgernstern doesn't confuse antiseptic environments with organization, and she doesn't lose sight of the pleasure many of us have in finding ourselves in "busy" environments. What she does give is a compelling account of how organizational problems occur, and some clear-headed advice for dealing with them. Unlike most other clutter books I have read, nothing here made me cringe, or think that Morgernstern didn't understand why people love things. If you're thinking of buying one book to sort out organizational problems in the home, I recommend this one.*** later comment ***I wrote this review a long time ago. I thought I'd report that I am *still* using the advice found in this book. Perhaps the thing that's stayed with me best is Julie's advice on how to get started, and on how to envisage the process. This is an incredibly helpful book.

OK but really dated and needs an update to the world of technology. Would not buy it again.

This is by far the best Organizing book I have ever read! I used to be pretty organized, things I needed I could find and were much simpler but over the years I've collected a lot of stuff. I've tried other books and their systems and their comments on if you don't use it toss it but they never worked for me. What I absolutely love about this book is that it encourages you to focus on what works for you now, even in the smallest sense and build on that. Not throw all your stuff away (that you won't no matter who tells you to). We recently bought a new house and I haven't been able to get anything in order no matter how much time I've spent picking up and staring at a room trying to figure out what to do with it. And it's been I only read the first section and then over the weekend without even realizing it I had my dining room and office area completely put together and organized without any room staring! It really felt liberating and the room is perfect now and it didn't cost me anything but this book because I had everything I needed buried right there on the desk and table.

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